Nydia Track

The 27 km Nydia Track offers walkers and cyclists great views and varied track conditions. Plan on an overnight stop at Nydia Bay where you can explore the history and coastline. The songs of bellbirds and tuī and the sudden “swooshswoosh” of a flying pigeon (kererū) will be heard in the dense, mature forests

This track crosses the Kaiuma and Nydia Saddles and follows the sheltered shoreline of historic Nydia Bay.

Formed by linking old bridle paths, it meanders through a variety of forests, some scrubland and farmland.

The 27-kilometre Nydia Track is classified as a tramping track. It is well defined, though rough, narrow and uneven in places. Expect it to take 9.5 hours for fit trampers.

The track is mostly unformed with steep, rough or muddy sections.

It is a track for those who are reasonably fit; boots are recommended and it is suitable for people with good fitness. Moderate to high-level backcountry skills and experience (including navigation and survival skills) required.